

Tips For Interacting with a person with...



Tourette syndrome

If a person with Tourette syndrome makes vocalizations during a conversation, simply wait for him or her to finish, and then calmly continue.

Realize that it is not uncommon for people to feel bad if the tics make you uncomfortable.

The more a person tries to contain a tic, the more the tic builds up. It may be helpful for a person with Tourette syndrome to have the option to leave the conversation temporarily to release the build-up in a private place.

People with Tourette syndrome may make vocalizations or gestures such as tics that they cannot control. A small percentage of people with Tourette syndrome involuntarily say ethnic slurs or obscene words.