



Schooling

Students with Tourette syndrome have different academic skills just like anyone else. Some students may need special equipment such as a tape recorder or computer to help them with their work. If the student has complex tics, they are given the opportunity to leave the classroom to release the tic in private. Teachers design activities that allow students to focus their attention on something other than their tics.

Tics are put into 2 categories: Simple or Complex

Examples of Simple Tics

- Blinking
- Clearing ones throat
- Shrugging shoulders
- Sniffing

Examples of Complex Tics

- Touching objects repeatedly
- Hopping
- Jumping
- Uncontrolled swearing
- Repeating words or phrases

Tourette syndrome is a disorder that is caused by the nerves in the body having communication issues with the brain. Tourette syndrome usually begins in childhood or in teenage years. People with Tourette syndrome sometimes have uncontrollable muscle movements called Tics.

Medication

Provided

For tics that interrupt a person's daily routine

Not Provided

For tics that do not interrupt a person's life.

Occurrence of Tics:

When a person is excited, stressed or nervous, the tics are more frequent. Some people can stop the tics for a certain amount of time or find an empty room or space to release the tic privately. People who try to control their tics have difficulty paying attention to anything else.