

# The Inside Scoop



## Learning Disabilities

### Schooling

A person with a learning disability works with the special education teacher at school to help them develop skills to become successful in the classroom.

#### Skills Include:

- Organization
- Note-Taking
- Paying Attention
- Adapting to Stressful Situations
- Studying
- Test Taking

Depending on each person, some or all of these types of skills are taught and practiced to help the student become confident and successful at school.

**Learning Disabilities affect how information goes in and out of the brain. Learning Disabilities affect every person differently**

### Two Scenarios

- The information that is sent to the brain has a clear and direct message. A person with a learning disability does not receive a clear message instead they receive a broken and sometimes confusing message which causes them to misunderstand the information.
- A person may be able to understand the message but may have trouble expressing thoughts.

There is no physical feature that tells people that a person has a learning disability.

People who have learning disabilities usually have difficulty in reading, writing, listening, speaking or mathematics. Not everyone has trouble in all of these subject areas. A person may be struggling with reading and writing but may find science and math easy. Every person with or without a learning disability has subjects they find easy to do and subjects that they need to work at in order to be successful.

A person with a learning disability will always have their learning disability; there is not a cure. With help from family, friends, and teachers a person can manage their learning disability and have a regular and fulfilling life.

Dyslexia is a well known learning disability. Dyslexia means that a person has difficulty reading words or numbers, because to them the words seem to appear backwards or out of order.

Verbal and nonverbal learning disabilities are common. These kinds of learning disabilities affect how a person's brain receives or expresses information.